

Skin lesion excision

Pain Management

During the procedure local anaesthetic is injected into the operative site which should numb the area for 6-12 hours after your procedure.

Upon discharge you may begin to feel some discomfort for which you may take:

Panadol- 2 tablets every 6 hours, this may be needed regularly for the first 48-72 hours.

Anti-inflammatory e.g. Nurofen can be used in addition if required.

Endone may be prescribed for more extensive procedures. Take this for break through pain.

If your pain is not controlled with the above measure contact our rooms for advice.

Wound Care

If you have a dressing in place then please keep dry and intact, unless you are informed otherwise. Certain dressings (Mefix and Tegaderm) can be wet and patted dry. If no dressing is applied then you may get the area wet after 24 hours and you may be asked to apply Chlorsig ointment. Although this is an eye ointment it is safe to use on your skin as directed. If your dressing falls off, do not be concerned as it will not harm the operative site.

If any bleeding occurs upon discharge, please apply pressure to the site for 10 minutes and then reassess, if bleeding continues then repeat pressure for another 10 minutes. Please contact our rooms if bleeding continues after this.

Small amounts of ooze from your wound is normal. Please consult our rooms if you are concerned by the amount or type of discharge.

Activity

Avoid any strenuous activity after your procedure for 1 week. Your surgeon will let you know when you can return to your normal activities and work. Driving is not allowed for 24 hrs post general anaesthetic.

Follow-up

You will usually be seen between day 7-14 for a post-operative wound check and removal of sutures unless advised otherwise